Cardiology Progress Note Guidelines

CC: One line. “Chest Pain” or “SOB” or “DOE”


Tele: What does EKG or tele monitor show? NSR? Arrythmias?

TRS: Timi Risk Score (see side box)

PMH: Focus on DM, HTN, Chol, Thyroid

SHx: Any surgeries.

FHx: Males with CAD before age of 55? Females before 65?

Soc: Job? Lifestyle? Married?
Lives with whom?
Tobacco?
EtOH?
Street drugs?

All: Meds: 

RF: See box to right.

RE: See box to right.

VS: Include ranges for BP, HR, Resp, Sat, Tm and Tc. Ex: 122-178 67-92

PE: Focus on CV exam, don’t forget to include below in exam:

HEENT: JVP (how much?), Carotid bruits

CV: RRR, or IRR, S1, S2, M, S3, S4, R rubs, PMI.

Abd: BS+, abd bruits, RRG

Ext: Pulses +2/4, dp/pt, BL, edema? cce

Labs:

CK: (Three sets of negative enzymes)

MB: 

EKG:

CXR:

Calculate Timi Risk Score

1. Age over 65
2. Aspirin within last 7 days (prior to admission)
3. Any 3 of the following: DM, HTN, Chol, Tobacco, FHx (see FHx below)
4. Known CAD/Previous MI
5. Two episodes of chest pain lasting more than 20 minutes each in last 24 hours
6. Non-negative cardiac markers (includes indeterminate)
7. ST deviation by more than 0.5mm ↑ or ↓

One point for each of the above. Seven is maximum.

Score of 0-2 less than 3% chance of MI or death.
Score of 3 gives 5% chance of MI or death.
Score of 4 gives 7% chance of MI or death.
Score of 5 gives 12% chance of MI or death.
Score of 6-7 gives 19% chance of MI or death.

Risk Factors:
1. Male
2. Male > 45 yo
3. Female > 55 yo
4. Tobacco
5. FH Male <55 MI Female <65 MI
6. Cholesterol
7. Obesity

Risk Equivalent:
1. DM
2. CVA/Carotid Dx
3. Previous MI
4. AAA
5. PAD


What studies support your plan?